

DIVERSITY, EQUITY, AND INCLUSION (DEI) TOOLKIT

For DBSA Chapters

DBSA Chapter Chat
March 21, 2022



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DBSA and Diversity, Equity, & Inclusion

DBSA provides hope, help, and support to millions of people living with mood disorders. Current stakeholder community is largely white & female.

- DBSA understands mood disorders affect people across all ages, races, ethnic groups, and social classes
- Many underserved communities have experienced a history of long-standing inequities that have hindered access to mental health services



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DBSA and Diversity, Equity, & Inclusion

Disparities in access to mental health care have affected many underserved populations

- Veterans
- Black & LatinX communities
- Rural Residents
- LGBTQI
- Health care professionals



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DBSA and The DEI Toolkit

DBSA and its chapters and support groups are committed to expanding resources to underserved communities that help narrow mental health disparities. The **DEI Toolkit** was developed to help chapters and support groups:

- Understand where local needs and resource gaps exist
- Create mutually beneficial partnerships at the local level
- Offer support to diverse, underserved communities in a culturally competent manner



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